

# IN *sight*

*19 Then he took a loaf of bread,  
 and when he had given thanks,  
 he broke it and gave it to them,  
 saying,  
 "This is my body,  
 which is given for you.  
 Do this in remembrance of me."  
 ~Luke 22:19*



## A Word From Pastor Brad

Dear Church,

This particular celebration of communion always falls on the first Sunday of October. It began in 1936 in the Presbyterian Church and was adopted by the Federal Council of Churches in 1940. Since that time this celebration has grown into an international ecumenical celebration of Christian unity.

World Communion Sunday is a day when we mark the almost universal Christian practice of breaking bread with one another and remembering both the night of Jesus' betrayal—when Jesus instituted what we now call the Lord's Supper as a lasting remembrance—and of Jesus' sacrifice.

World Communion Sunday is a time for remembering that around the globe—in different languages, with different traditions and customs, and in various forms of liturgy the Lord's Supper is celebrated throughout Christendom. At its best, therefore, World Communion Sunday serves two purposes: it is both a joyous and meaningful partaking in Jesus' sacred meal with his friends and a mind-opening exposure to different Christian traditions from around the world.

At BUMC we will celebrate World Communion Sunday on October 2<sup>nd</sup> in a big way! The worship team will bring their creativity and ingenuity by providing a sacred space for communion that will be both visual and experiential. This Sunday will also mark communion being celebrated once on the first Sunday of every month in worship which will include the full service of word and table liturgy as printed in the United Methodist hymnal. Please take note that beginning on Sunday, October 9<sup>th</sup> communion will be served in the Ed DeBusk Prayer Chapel from 9:50-10:10 AM for those who would like to keep the weekly ritual. Reverend Cheryl Nelson will administer the elements during that time.

In closing, Christ invites us all to the Holy Feast of communion. As we gather, we remember our sisters and brothers from above and below the equator, from the North and from Down Under, from every time zone around the globe. As the day's sunlight inches across land and sea Christians gather to celebrate their place in God's family. All are invited and all are welcome. Come, for the meal is ready. See you on World Communion Sunday!

God Bless,  
 Brad Franklin

### Weekly Events Sundays

Sunday School .....9:00 AM  
 Worship .....10:15 AM  
 Youth Band Practice (*Studio*).....2:00 PM  
 Bible Study (*Hearne Home*) .....6:00 PM  
 Youth Small Groups.....6:00 PM

### Mondays

Bodies On a Mission .....9:00 AM  
 First Place 4 Health.....6:00 PM

### Tuesdays

Intercessory Prayer Team .....9:00 AM  
 Bodies On A Mission.....6:00 PM  
 Men's Basketball .....7:00 PM

### Wednesdays

Bodies On a Mission .....9:00 AM  
 WOW! *Wide Open Wednesdays*...5:30 PM

### Thursdays

Slushies and Scripture (*Sonic*).....6:45 AM  
 Spiritual Formation (*Long Home*) ..11:00 AM  
 Choir Practice.....5:30 PM  
 Alcoholics Anonymous.....6:00 PM  
 Bodies On A Mission.....6:00 PM  
 Spiritual Formation (*Farnam Home*) 6:00 PM

### Fridays

Bodies On a Mission .....9:00 AM

**OCTOBER 30, 2016**

Hot Dogs  
 Chips  
 Drinks

**TRUNK  
 OR  
 TREAT**  
 - SAFE FAMILY FUN -

Treating  
 Cup-cake  
 Walk

**5:00-7:00 PM**

# Monthly & Special Events

## Sunday, October 2

United Methodist Men  
Breakfast & Devotion..... 7:30 AM  
Flood Relief Team #2 Departs..... 11:45 AM

## Wednesday, October 5

Flood Relief Team #2 Returns..... 2:00 PM

## Thursday, October 6

Bossier Parish School Board Recognizes  
Benton United Methodist Church ..... 6:00 PM

## Saturday, October 8

Dinner with Friends Quarterly Meeting ..... 9:00 AM

## Thursday, October 13

Morning Glories ..... 9:30 AM

## Friday, October 14

FCA Breakfast ..... 6:30 AM  
Sew Crazy Ladies..... 10:00 AM

## Sunday, October 16

United Methodist Men  
Breakfast & Devotion..... 7:30 AM  
LifeShare Blood Drive ..... 8:30 AM

## Tuesday, October 18

NWLA Food Truck Unloading..... 9:00 AM  
NWLA Food Bag Packing..... 10:00 AM  
Nightingales ..... 6:30 PM

## Wednesday, October 19

Medical & Nutritional Evaluations ..... 11:00 AM  
The Table Food Distribution ..... 12:30 PM

## Monday, October 24

United Methodist Women General Meeting ..... 12:00 PM  
Worship Team Meeting..... 5:30 PM

## Tuesday, October 25

OPALS *Older People with Active Life Styles*.... 11:30 AM

## Wednesday, October 26

Prayer Shawl Ministry..... 1:30 PM

## Friday, October 28

Sew Crazy Ladies..... 10:00 AM  
Feed the Benton High Football Team ..... 2:00 PM

## Saturday, October 29

Souper Saturday..... 7:30 AM

## Sunday, October 30

Trunk-or-Treat..... 5:00 PM



Choir Practice—Thursdays at 5:30 PM

All are welcome to come and make a joyful noise!

Contact:

Jennifer Hable at [jennifer.hable@bentonumc.org](mailto:jennifer.hable@bentonumc.org)



## Benton United Methodist Women

Pat Mosher, President

We had a great start with two new members joining our UMW at the salad supper the 6<sup>th</sup> of September. Thank you all who helped make it a success.

**Our new officers were elected for next year:** Pat Mosher, President; Ann Thomson, Vice President; Lisa Glasgow, Secretary; Doris Wilhite, Treasurer; Pat Moncrief, Secretary of Program Resources; Mission Coordinators: Monica Arredondo, Catherine Long, Sandra Upshaw; Nightingales' Circle Leader, Dianne Wilkinson; Morning Glories', to be rotated; Nominating Committee, Doretta Doyal, Katherine Ashley and Sandra Upshaw. They will be installed at our December 6<sup>th</sup> meeting. Thank you ladies for serving.


We have started our **Samaritan Purse Shoe Box** project to be completed in November. See separate article. There will be more boxes and instructions for you. The UMW voted to pay shipping for 20 boxes and will be able to track where they go.

Circles meet: **Oct 13** – Morning Glories, 9:30, Pairs and Spares Classroom; **Oct 18** – Nightingales, 6:30, Eva Smith Classroom in the Preschool Bldg.

Executive Meeting – end of Oct -- date and time to be announced

Fall Craft Sale has been cancelled due to circumstances beyond our control. Shreveport District UMW Annual Meeting – Christ UMC – **Nov 12**, 9:30 AM. New officers need to attend for training and other officers to be refreshed on duties. We will try to ride together.

Frozen Casserole Sale – **Nov 13**

We have **Screamin' Owl** salsa and pepper jelly for sale made by volunteers to support the mission of caring for abused and neglected children at the LA Methodist Children's Home. See any UMW member to buy. They are GOOD - 

You are invited to join Benton UMW any time to support our local, state and world missions.

**O.P.A.L.S.**  
(Older People with Active Life Styles)

**Tuesday, October 25 at 11:30 AM**

**Family Life Worship Center**

**Cost: \$5.00**

*Bingo* is the name of the game this month for OPALS! Those Older People with Active Life Styles will meet Tuesday, October 25, 2016, at 11:30 a.m. in the Family Life/Worship Center. We will enjoy a delicious meal for \$5 (you must make a reservation) and the prizes for *Bingo* will be handmade items. Everyone is invited to come – especially the 55+ bunch. We hope to see you there!

Please make a reservation by calling  
Peggy Rumbaugh at (318) 349-1465 by October 23.



Join "Dinner with Friends" for breakfast!  
Saturday, October 8 at 9:00 AM

This Empty Nester group is always looking for new people to join. At this quarterly meeting, small groups will be assigned. These small groups meet about once a month for a meal or other activity, either in a home or a restaurant, to hang out and get to know each other. A love offering will be accepted to help with the cost of the breakfast. If you would like to be part of Dinner with Friends and will not be able to make this breakfast, please let the church office know so you can be assigned to a small group.

Contact Reba Hearne at  
(318) 965-0122 for more information.

### Lay Leadership Report

Your Lay Leadership Team met on September 13th and 27th to continue work on selecting members whose gifts fit the needs of all the committee vacancies coming up for January 2017. From the entire team, we appreciate the large number of members who have stepped forward and volunteered to fill these positions. We are seeing a church that wants to move forward and grow for Jesus.

The team has reviewed the Book of Discipline and is seeking to fulfill its intent by ensuring diversity throughout the committees. The Lay Leadership Team will finalize a list of nominees for the November Church Council to approve.

Finally, in November we will be looking to establish a team that will begin to look at the space we have and will need for the immediate future and into the next 5 years.

If you are not a part of the new committee members for 2017, maybe you will be on the teams that are looking into our growing future. Please keep praying for your church and the team members for God to impart wisdom to all of us as we work through this selection process.

Blessings,  
Your Lay Leadership Team

# Stewardship

On Sunday October 23<sup>rd</sup> we will begin our church wide stewardship campaign and worship emphasis called *Treasure: A Stewardship Program on Faith and Money*. The study will be based on Jesus' words, "Where your treasure is, there your heart will be also" (Matthew 6:21).

Over a period of four weeks, we will look at the many ways that our treasure (time, energy, money) affects our hearts. We will consider how financial challenges in our personal lives affect our relationships with people and with God. We will see how giving helps to determine the way we feel and act. If you have stress related to money or feel there may be more that God is calling you to do with your resources, this will be a helpful study.

At the end of the four weeks, we will have the opportunity to make personal commitments of giving to Benton United Methodist Church for the coming year. All of us will receive commitment cards in the mail, and the cards will also be available on Sunday mornings. We can fill out these cards and bring them to worship on November 13<sup>th</sup> which will be designated our commitment Sunday.

We look forward to an exciting month considering our treasure and God's treasure.

### Schedule for the *Treasure* series

- Week 1:** Where Is Your Treasure? (Matthew 6:19-21)
- Week 2:** The Problem with Two Masters (Matthew 6:24)
- Week 3:** Giving Your Treasure Back to God (Matthew 6:1-6)
- Week 4:** Don't Worry 'Bout a Thing (Matthew 6:25-34)

### Shoe Box Ministry:

UMW Project but *everyone* can participate with items or filled boxes.

--Pray and/or write a note for the child who will receive the box.

--Decide **boy** or **girl** -- Decide age: **2-4 5-9 10-14**

**DEADLINE: Blessing November 13** at church  
or **Circle Meetings, November 10, 15** -- to be delivered to  
First Baptist Bossier by Nov 16<sup>th</sup>, 2016.

#### Ideas:

Small cars, balls, dolls, stuffed animals, kazoos, harmonicas, yo-yos, jump ropes, small Etch a Sketch, toys that light up or make noise (with batteries)

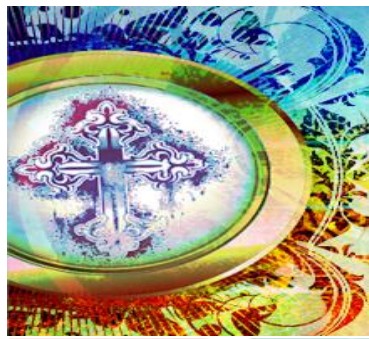
Pens, pencils, sharpener, crayons or markers, stamps and ink pad sets, writing pads or paper, solar calculators, coloring and picture books, etc.

Toothbrush, toothpaste, mild bar soap (in a plastic bag), comb, washcloth, t-shirts, socks, ball caps

Hard candy and lollipops, mints (*double bag all candy*), gum, sunglasses, hair clips, toy jewelry, watches, flashlights (with extra batteries)

**NO:** military/war items, knives/guns, chocolate or food, liquids, medications or breakable items or aerosol cans.

**Thanks for participating in this Samaritan's Purse project.**



# Student Ministries

## BUMC SMALL GROUPS SUNDAY EVENINGS @ 6PM

### Middle School Leaders

Kim and Kyle Cox

Kim and Kyle lead middle school students as they learn more about the Bible and how to apply Biblical truths to their daily lives.

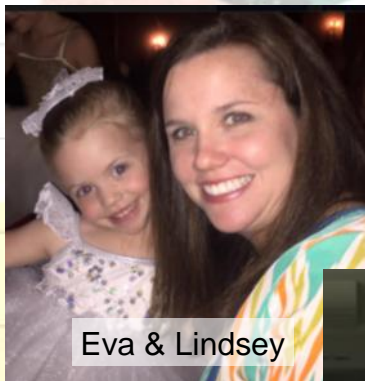


Kim & Kyle

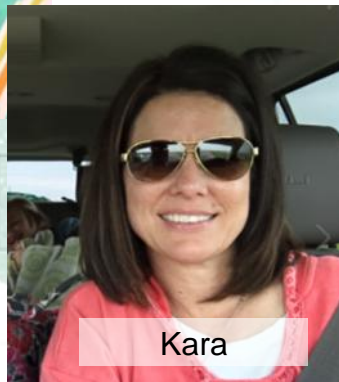
### High School Girls' Leaders

Lindsey Salter and Kara Horton

Lindsey (pictured here with her daughter, Eva) and Kara are leading high school girls in a study of the book of Esther. This study explores a story of intrigue.. With a king and queen, a good guy and a bad guy, a murder plot, a beauty pageant, teen girls will be swept up in a story of one woman who chooses the road of courage and action, changing the course of her nation's history.



Eva & Lindsey

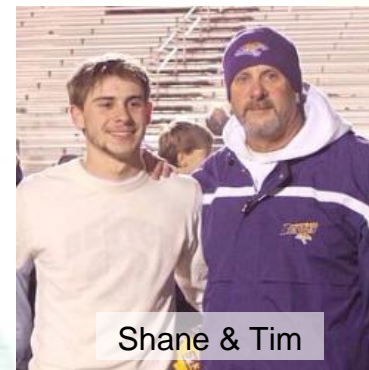


Kara

### High School Boys' Leader

Coach Tim Cram

Coach Cram (pictured here with his older son, Shane) is the leader of the high school boys' group. If you are interested in knowing more about this group, check with Coach Cram at BHS or speak with him Sunday morning at Benton UMC.



Shane & Tim

## SaS ~ Slushies and Scripture

Our sixth grade girls Bible study group meets every Thursday morning at Sonic at 6:45 AM. **First, we would like to thank Sonic for providing our slushies at no charge!** We are currently involved in a study entitled *Head to Soul Makeover: Helping Teen Girls Become Real in a Fake World*. Many of you have seen reality TV shows, but as you know, it is sometimes very difficult to know what's "real" today. It can get especially confusing if you're a teenager learning what it means to follow Jesus and become more like him, yet society has a different idea of what you should be. But by focusing on the right things, teens can start the kind of makeover that turns them into the real person God has created them to be.

*Head to Soul Makeover* is a small group study that helps teenage girls become more real, like Jesus, and assists them in developing humility, confidence, courage, self-control, patience, contentment, generosity, and perseverance. Each lesson is tied to a reality show like *American Idol*, *My Super Sweet 16*, and *Fear Factor*, and with the help of quizzes and the Makeover Challenges, girls can grow their faith and deepen their character. Our study will culminate with a "Big Reveal Party" where our group will celebrate their transformations.

If you know a sixth grade girl who would like to join us, please contact Ann Sellers or Mary Jo Duddy for details.

For more information on Student Ministries, contact:  
Mary Jo Duddy at [maryjo.duddy@bossierschools.org](mailto:maryjo.duddy@bossierschools.org)



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## FCA Breakfast Friday, September 16

What a fabulous Friday! FCA Breakfast was outstanding! The food was delicious, and the kitchen crew rocked! The speaker was amazing! Over 100 youth, school leaders, and parents attended our first FCA Breakfast of the 2016 school year.

Brock Berlin, a Shreveport native and former NFL quarterback, described the character traits necessary to be a leader. He included a positive attitude, strong work ethic, writing down your goals, belief in yourself, and faith in Jesus Christ. He shared with us about his father's winning battle against cancer and reminded us that Michael Jordan was cut at his first high school basketball tryout. Brock's presentation was right on track for the many young leaders in the audience.

In many ways, Brock was "preaching to the choir." We in the Benton community are blessed with a multitude of outstanding young people. I am sure they will take his words to heart and continue to set an example for others to follow. It is such a blessing to see them shining God's light throughout the Benton area and beyond.

Our greatest thanks go out to our parents and church leaders who stepped up to make this event happen. You are amazing! Special thanks to the cooks in the kitchen for the delicious breakfast of scrambled eggs, grits, biscuits, and sausage gravy. Thanks to our shoppers, decorators, greeters, and our drink table servers. We couldn't have done this without everyone's help.





# Beach BUMS News

News for Parents and Kids (ages 3 years old through fifth grade)

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity. 1 Timothy 4:12



Today in Counselor's Corner we played board games and cards. I am including some interesting information about game playing for you and your family. It is so important to play games with your family. Children learn so many valuable skills, both academically and socially. PLEASE do not allow your child to win every time. One of the most valuable skills he/she can learn is how to lose with grace. I do not encourage anyone to become a "good loser" but children must learn how to deal with the emotions that accompany loss. Please read the information below and de-stress with your child this evening and play a game!

What your child most wants — and needs — is to be with you with no goal in mind beyond the joy of spending time together. He wants you to take pleasure in him, play with him, and listen to him. Nothing bolsters his self-esteem more! Playing games is an easy and excellent way to spend unhurried, enjoyable time together. As an added bonus, board games are also rich in learning opportunities. They satisfy your child's competitive urges and the desire to master new skills and concepts, such as:

- number and shape recognition, grouping, and counting
- letter recognition and reading
- visual perception and color recognition
- eye-hand coordination and manual dexterity

Games don't need to be overly academic to be educational, however. Just by virtue of playing them, board games can teach important social skills, such as communicating verbally, sharing, waiting, taking turns, and enjoying interaction with others. Board games can foster the ability to focus, and lengthen your child's attention span by encouraging the completion of an exciting, enjoyable game. Even simple board games like Chutes and Ladders offer meta-messages and life skills: Your luck can change in an instant — for the better or for the worse. The message inherent in board games is: Never give up. Just when you feel despondent, you might hit the jackpot and ascend up high, if you stay in the game for just a few more moves.



Board games have distinct boundaries. Living in a complex society, children need clear limits to feel safe. By circumscribing the playing field — much as tennis courts and football fields will do later — board games can help your child weave her wild and erratic side into a more organized, mature, and socially acceptable personality. After all, staying within the boundaries (not intruding on others' space, for example) is crucial to leading a successful social and academic life.

**While play is crucial for a child's development, it is also beneficial for people of all ages.** Play can add joy to life, relieve stress, supercharge learning, and connect you to others and the world around you. Play can also make work more productive and pleasurable. For greater benefits, play should involve at least one other person, away from the sensory-overload of electronic gadgets.

Play can:

- **Relieve stress.** Play is fun and can trigger the release of endorphins, the body's natural feel-good chemicals. Endorphins promote an overall sense of well-being and can even temporarily relieve pain.
- **Improve brain function.** Playing chess, completing puzzles, or pursuing other fun activities that challenge the brain can help prevent memory problems and improve brain function. The social interaction of playing with family and friends can also help ward off stress and depression.
- **Stimulate the mind and boost creativity.** Young children often learn best when they are playing—and that principle applies to adults as well. You'll learn a new task better when it's fun and you're in a relaxed and playful mood. Play can also stimulate your imagination, helping you adapt and problem solve.
- **Improve relationships and your connection to others.** Sharing laughter and fun can foster empathy, compassion, trust, and intimacy with others. Play doesn't have to be a specific activity; it can also be a state of mind. Developing a playful nature can help you loosen up in stressful situations, break the ice with strangers, make new friends, and form new business relationships.
- **Keep you feeling young and energetic.** In the words of George Bernard Shaw, "We don't stop playing because we grow old; we grow old because we stop playing." Playing can boost your energy and vitality and even improve your resistance to disease, helping you feel your best.
- **Reduce Your Risk of Developing Alzheimer's Disease and Dementia** - A study in the New England Journal of Medicine found that challenging your brain with mentally stimulating leisure activities (including playing board games or cards, doing crossword puzzles, reading, writing, and playing musical instruments) is great for your mind.

Seniors who participated in such activities about once a week for a 20-year period reduced the risk of dementia by 7 percent. Those who engaged in these activities more often reduced their risk even more -- by 63 percent!



# Serving Opportunities

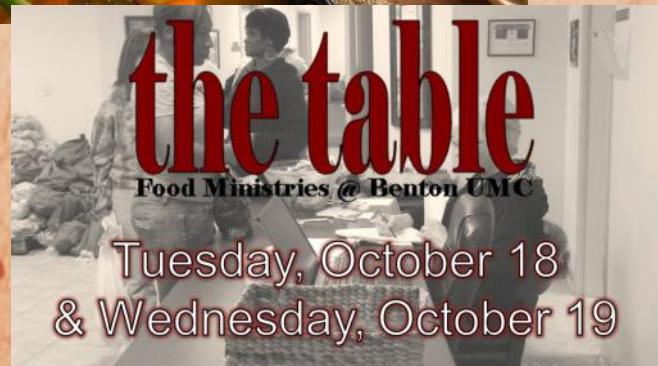


The Clothes Closet is getting ready to move to our new location! We've been working with A Cross Faith for over 2 years and we're finally nearing our goal. St. Jude and the Catholic Diocese have generously donated their decommissioned chapel on Palmetto Road to the A Cross Faith Advocacy Center. Youth and adults from St. Jude Catholic Church and Benton United Methodist Church met at the chapel August 31 to clean up the grounds and to remove pews. It was hard work, but everyone had a great time. Lemonade, ice water and pizza kept everyone hydrated and fed.

On September 14, A Cross Faith held a meeting to decide on dates to move the Clothes Closet and to hold our grand opening. Before we can make the move the chapel must be cleaned and clothes have to be sorted and moved to the new location. Our opening day is October 19, 2016. In order to move everything from our current location, the Closet will be closed until our grand opening.

Those of us who have worked for this goal are excited about our move. Volunteers from Benton United Methodist, Elizabeth Baptist and St. Jude have been praying for this for a long time.

Benton United Methodist will continue to be the drop off site for clothing donations. We appreciate the donations we have received and we hope to continue to receive gently used clothing for all genders, ages and sizes. It would be very helpful to us if you would please NOT donate during those first 2 weeks in October. We need to be able to sort what we have already received and get it moved. After that time please continue to bring your donations to the church. Thank you for all you have done to make the Clothes Closet Mission successful.



## The Table Food Ministry

**Tuesday, October 18**  
9:00 AM Truck Unloading  
10:00 AM Bag Packing

**Wednesday, October 19**  
12:30 PM Food & School  
Supply Distribution

For more information on The Table, contact:  
Rachel Stoneman at (318) 965-2273



Join this sewing ministry to work on mission projects (like book bags for UMCOR), update costumes for the Journey, or to work on our own unfinished objects (aka UFO's). At the same time, we will be spending time with others in Christian fellowship. Also, anyone who wants to learn to sew is welcome, as we will be happy to help new crazy sewers!!!

We will meet in the Bible Bayou on the 2<sup>nd</sup> & 4<sup>th</sup> Fridays of each month from 10 AM until 2 PM. Any and all are invited to join us.

Meeting dates are Friday, October 14 & 28

Contact: Sandra Upshaw at 326-5966, or Katherine Ashley 464-3798



INVITING IN...  
GROWING UP...  
SENDING OUT...

**Benton United Methodist Church**  
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Jason and Ann Sellers  
Sheriff Whittington  
Randy Martin*

## NEWSLETTER ARTICLES

Please e-mail all newsletter articles to:  
[rachel.stoneman@bentonumc.org](mailto:rachel.stoneman@bentonumc.org)

All articles are due by the 20th of each  
month for the next month's newsletter.

# Benton United Methodist Church

**TRUNK**

OR

**TREAT**

- SAFE FAMILY FUN -

**OCTOBER 30, 2016**  
**5:00-7:00 PM**

Trunk-or-Treating • Cup-Cake Walk  
Games • Door Prizes  
Hot Dogs • Chips • Drinks

Loads of candy, family fun,  
and treats of all kinds!